

**Resolution 025**  
**A Resolution to Encourage the Creation of a Center for Student Health Promotion**

**Sponsored by: Senator Koffa**  
**Co-Sponsored by: Senator Finley**

***Whereas,***

We currently do not have a physical center that serves as an educational resource for matters dealing with student health such as sexual assault, substance abuse, and wellness.

***Whereas,***

The resources and services available for students on this matter are decentralized around campus.

***Whereas,***

There is a lack of dialogue among students at The Catholic University of America centered around topics regarding student wellness. Further, the dialogue among the University's faculty and staff is not promoted or communicated clearly to the University community.

***Whereas,***

Providing a space that encompasses these topics allows for more frequent discussions both in small groups and large scale programming.

***Whereas,***

There are already staff and resources in place throughout campus in different offices to run the Center for Student Health Promotion.

***Be it enacted that,***

The Student Government Association Senate, acting in their official capacity as representatives of the student body of The Catholic University of America, hereby request the creation of a Center for Student Health Promotion. This center would work on programs and initiatives encompassing the following list:

1. Competition, perfectionism, and body ideals
2. Friendship, dating, and hook up culture in college
3. Authentic femininity and masculinity/gender roles
4. Sexism and stereotyping
5. Sexual assault, sexual harassment, violence in relationships
6. Bystander Intervention Trainings
7. Orientation/First Year Experience education on wellness
8. Alcohol and drug education
9. Identity and faith dialogues
10. Interpersonal violence prevention
11. Nutrition and exercise
12. Time management/stress management
13. Sleep habits

- 14. Resilience
- 15. PEERS

Agreed to by a vote of \_\_\_\_ yeas to \_\_\_\_ nays on this date: \_\_\_\_\_ with \_\_\_\_ abstaining and \_\_\_\_ not present.

\_\_\_\_\_  
Kristina Pinault  
*President of the Student Government Association*

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Lauren Werling  
*Vice President of the Student Government Association*

